



Nappy Change and Toileting Policy

Indooroopilly Montessori Children's House

Date: Sept 2004

Dates Reviewed: Feb 2006, Oct 2007, Feb 2008, **April 2009**

Rationale

An effective nappy changing and toileting policy is one where each child's individual needs and comfort is considered. Hygiene and safety requirements are important considerations in implementing toileting procedures. Children's developing toileting abilities should be guided with a sensitive approach from staff. Staff should have a calm, reassuring attitude to toilet training and work in consultation with parents. Nappy changing should meet each child's needs, while creating a positive experience through singing, talking and interacting with toddlers.

Aims

Our aims are to:

- ◆ To ensure that toileting and nappy changing procedures are positive experiences and meet each child's individual needs.
- ◆ To ensure staff are aware of and implement correct hygiene principles to reduce the spread of disease.
- ◆ To enable staff to observe and assess readiness for toilet training and discuss appropriate strategies with families.
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Implementation

Parents will:

- ◆ Consult with staff and provide information on their child's toilet training routine at home to ensure consistency between home and the centre. This will be documented in the child's individual developmental files.
- ◆ Provide required nappies/ underwear each day for their infant or toddler.
- ◆ Provide a spare set of clothes for older children in case of toileting accidents.

Staff will:

- ◆ Consult with parents about toilet training readiness and implement routines consistent with home practices.
- ◆ Document children's readiness for toilet training and their developing competence in each child's individual developmental file.
- ◆ Adhere to the correct nappy/pants changing procedures.
- ◆ Encourage children to use simple hygiene practices during supervision of toileting and nappy changes.
- ◆ Demonstrate toilet flushing procedure
- ◆ Demonstrate to children correct hand washing procedure

- ◆ Ensure toileting will occur at any time throughout the day and all children will have access to toilets at all times.
- ◆ Take into consideration each child's individual emotional and physical needs for toileting and nappy changing including cultural expectations.
- ◆ Manage toileting accidents in a 'positive' way, always encouraging children's efforts to develop independence and praising children for attempts and achievements.
- ◆ Ensure nappy changing is an occasion for 'fun' interaction, e.g. talking, singing.
- ◆ Ensure clothing is always worn over nappies to further reduce risk of spreading infection.
- ◆ Regularly check the bathroom to ensure that there is sufficient toilet paper and soap.

Management will:

- ◆ Regularly monitor staff compliance to correct procedures.
- ◆ Implement and record strategies to improve practices and make adjustments as needed.
- ◆ Renew policy and procedures with parents and staff regularly.

Source:

Early Years Training Group.
Staying Healthy in Childcare.- 4th Edition www.ag.gov.au/cca
Louise Jackson (pers. comm.) Lady Gowrie 2008